

Team building activities often involve collaboration and problem-solving, which necessitates effective communication between team members. This can help to break down communication barriers and improve overall team communication skills.



TEAM BUILDING YR' 2023

“PAINTBALL WAR”

19 NOVEMBER 2023 (SUNDAY)

8:00 AM - 2:30 PM

OFV PAINTBALL PARK

SAINS @ USM, BUKIT JAMBUL



Spending time together outside of the usual work environment can help team members to get to know each other better on a personal level. This can build trust and rapport, which can lead to greater cooperation and collaboration in the workplace.

Team building activities can provide opportunities for team members to step up and take on leadership roles. This can help to develop leadership skills and identify potential future leaders within the team.

